



COLLEGIO
GHISLIERI

WELCOME TO
COLLEGIO
GHISLIERI



INTERNATIONAL STUDENTS
HANDBOOK



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MAIN CONTACTS

Contacts:
Aurora Raimondi Cominesi, Ph.D (Dr./Ms.)
international.relations@ghislieri.it

Address: piazza Ghislieri, 5 – 27100 Pavia (Italy)

Reception telephone number: +39 0382 37861



USEFUL GHISLIERI TELEPHONE NUMBERS (LANDLINE)*

Reception 9

Offices

Dean office 226

Bursar 210

Library 205

International Office 270



Student Rooms

Main wing 5 + room # you wish to call

New wing 3 + room # you wish to call

* These numbers should only be dialed using the phones inside Ghislieri rooms, not cell phones

MAIL AND PACKAGES

For mail and deliveries, use the following address:

[Your Name(s)] [Your Surname(s)]

c/o Collegio Ghislieri

piazza Ghislieri, 5

27100 Pavia

Italy





A BRIEF HISTORY OF OUR COLLEGE



Our College was founded in 1567 by Pope Pius V, born Antonio Ghislieri, for young people of modest economic possibilities but gifted with talent. He subsequently destined a vast land patrimony to the College, as to guarantee its economic independence that still lasts today, and he ordered a palace to be built to lodge the students. Works began in 1571 and the palace, a few steps away from the centre of Pavia and its University, still welcomes students from all around the world with open doors.

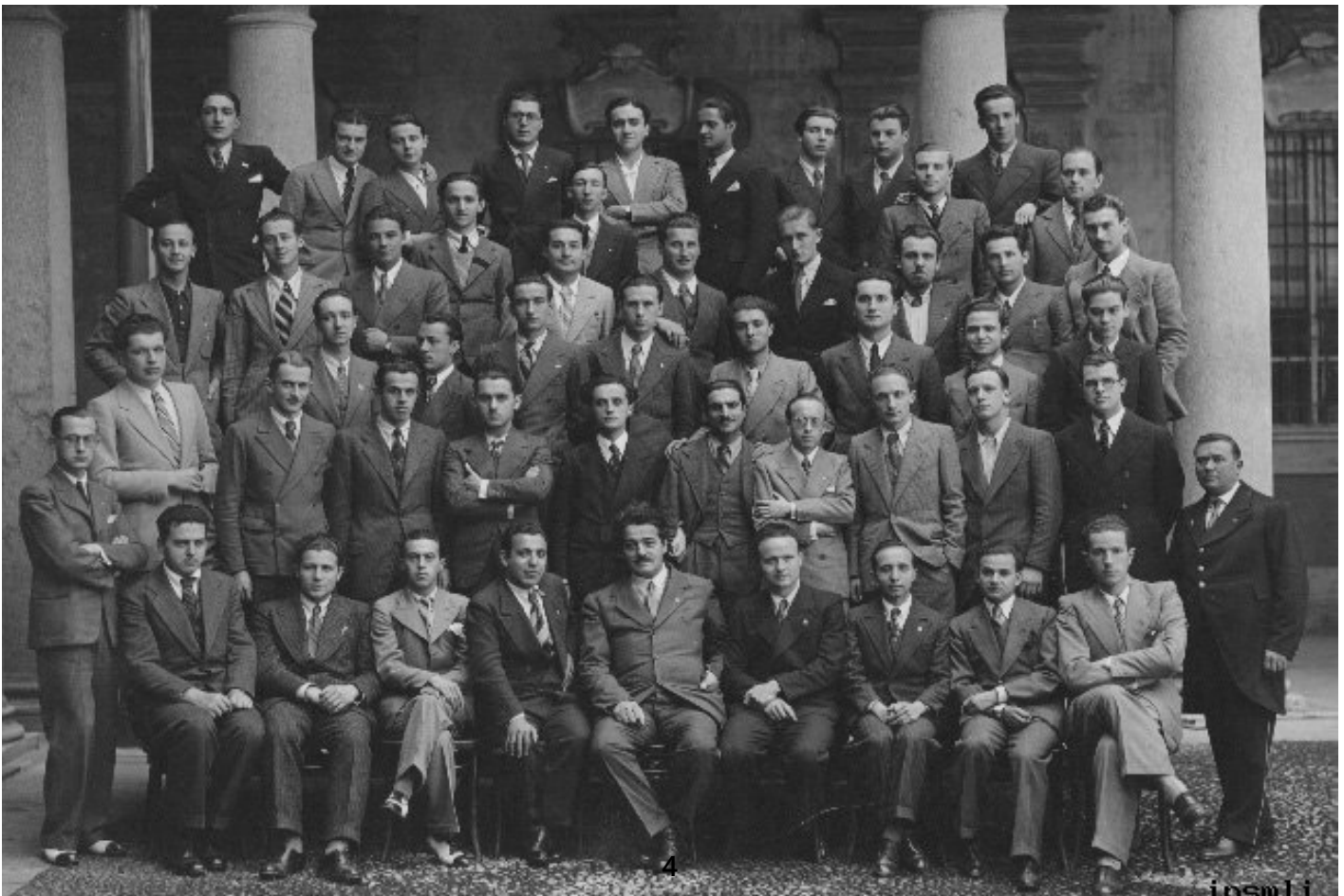
The College was immediately equipped with a library of three hundred and fifty volumes which has grown to over 130,000 volumes today, one of the largest and most

impressive book collections in all of Europe.

In 1723 its most famous pupil, Carlo Goldoni, entered the College.

From 1771 the patronage of the College was linked to a state authority, passing from that of the Ghislieri family to that of the Empress Maria Theresa of Austria. Today, Collegio Ghislieri is still under the patronage of the President of the Republic.

The arrival of the Napoleonic troops, in 1796, did not stop the activity of the College. Those at the turn of the eighteenth and nineteenth centuries were years of fervor





and change: in fact, close to the passage of Napoleon there is the Rectorate of Giovanni Rasori, professor of pathology and the first layman to hold the office of Rector.

In 1861, once the unification of Italy was completed, a decree was approved to regulate admission to the College: since then, the places of pupils have been conferred through an entrance exam.

For the first time in Italy the **principle of merit in studies** was sanctioned as we still know it today. It was also established that Ghislerians who are particularly distinguished can be awarded scholarships or specialization grants at home or abroad. Ghislieri still finances specific student projects and allows them to spend periods in prestigious universities and colleges around the world thanks to a dense network of exchange grants and the presence of a specific fund for internationalization.

The activity of the College was interrupted only during the First World War, when it was transformed into a military hospital. In that troubled era, the Rectorate of the Roman law scholar Pietro Ciapessoni began, who will retain the title until 1943. During the years of Fascism, Ciapessoni safeguarded the independence of the College, effectively guaranteeing freedom to the students, and directed the work of Ghislieri to the training of his students as academics and professionals of value, appreciated within and outside the borders of Italy. Ciapessoni was also the first Rector to have been a student of the College, according to a custom that continues today.

The foundations for further development of the College were laid in the brief but significant experience of the Rector Teresio Olivelli, deported in 1943 and assassinated in the Hersbruck concentration camp in 1945. Immediately after the Second World War, the establishment of the Alumni Association was inspired by one of his ideas.

The Association is still the main promoter of the sense of belonging, collaboration and solidarity between pupils belonging to all generations.



After the war, the College was led by Aurelio Bernardi, a scholar of Roman history and Rector until 1979. During his Rectorate, in 1966, a women's section was opened. Ghislieri thus became **the first mixed university college in Italy and one of the very first in Europe**. The project was realized thanks to the benefactress Sandra Bruni, who gave life to the Foundation named after her, incorporated in 2019 within the Ghislieri Foundation.

Under the Rectorate of Andrea Belvedere, Professor Emeritus of Civil Law at the University of Pavia, the most recent years have seen a constant growth in the cultural activities and initiatives proposed and offered by the College, as well as in its structures and services.

A substantial plan of construction, extension and building enhancement was completed. Starting in the 1980s, the construction of the modern structure of Ca' della Paglia was promoted and financed,

created as a residence for graduate students and today a college of merit open mainly to PhD students, international students and postgraduates.

At the turn of the 90s and early 2000s, Ghislieri took on the burden of transforming the deconsecrated church in the square in front of the College, San Francesco da Paola, into the Aula Magna. The Aula Magna is used for large events, concerts and conferences both by the Ghislieri Foundation and by entities that require its use. In the same way, Ghislieri took charge of the restoration of the sumptuous architectural complex of the Castle of Lardirago, a splendid 14th century building halfway between Pavia and Milan, now equipped for exhibitions, shows and events.

In 2003, the Center for Communication and Research was also founded, which has now become a University Research and Teaching Center, which organizes advanced training courses and seminars and finances research, especially in the biomedical field, through the provision of scholarships and bursaries.

Finally, with a view to boosting the musical activity that already characterized the College's University Choir, in 2006 the birth of the Association Ghislieri Musica was supported, from which the Ancient Music Center of the Ghislieri Foundation was born in 2018, for the study, production and dissemination of historically informed music.

The current Rector of the Collegio, appointed in 2021, is Dr Alessandro Maranesi, class of 1985, Professor of Ancient History at the University of Pavia.



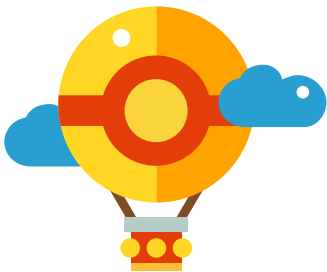
YOUR STAY AT COLLEGIO GHISLIERI

PLANNING YOUR ARRIVAL

Please fill in the following form online with your personal information before your arrival in Pavia:

<https://forms.gle/m7tc7bTwQ5fgXxYg8>

Notify as soon as possible the exact date of your arrival to international.relations@ghislieri.it.



Make sure you have all the necessary documentation with you when you leave (visa; health insurance) and don't forget to check the requirements for your stay in Italy based on your country of origin (for example, you may need to apply for a residence permit within 8 days from your arrival in Italy).

Nota bene: you will receive your codice fiscale (social security number/tax code) upon registering with the international office at the University of Pavia.





CHECKING-IN

- 📍 Please note that your room will be available starting from September 18, 2023, when the Collegio Ghislieri re-opens for its students after the summer break.
- 📍 If needed, it may be possible to arrive a few days before this date. Please contact our international office to make the necessary arrangements.
- 📍 The reception is open every day (including Sundays) from 7 a.m. to 11 p.m.
- 📍 You will be required to leave your passport/ID card to the concierge for registration and pay a refundable damage deposit of € 200 upon your arrival.
- 📍 Upon checking-in, you will receive your personal ID card to access your room and the facilities of the College.
- 📍 You do not need to take bedlinen with you: they are provided and regularly changed by the Collegio.

PERMIT OF STAY (NON-EU CITIZENS)

Non-EU students, who will stay in Italy for **more than 150 days**, must request the Residence Permit (“Permesso di soggiorno”) within 8 days from their arrival in Italy.

In order to be assisted in filling out the Residence Permit application (“KIT”), book an appointment at the International Student Helpdesk, located at the Police Station (Questura, Via Rismondo 68, Pavia).

In case of quarantine upon arrival, book an appointment at the end of your quarantine (you are not required to respect the 8 days deadline).

Required documents:

- Photocopy of all the pages of your passport (also blank pages)
- Photocopy of an health insurance policy
- Photocopy of the acceptance letter at the University of Pavia
- 1 revenue stamp of €16

Once the KIT has been filled in, you must hand it in to the Post Office (Piazza della Posta 1, Pavia) in order to send it to the Immigration Authorities. Fees will cost €146,92.

After sending the KIT you will receive a receipt of your application, which will have the same value as the Residence Permit until the document is ready, so remember to always carry it with you.

Lastly you will receive a text message with an appointment date for photo signalling and taking your fingerprints at Questura di Pavia. When going to the appointment, do

not forget to bring the originals of all the above-mentioned documents, the Post Office receipt and 4 passport photos (with white background).

The status of your Residence Permit can always be checked on Portale Immigrazione (use the username and password that can be found on the Post Office receipt).



ACCOMMODATION

RECEPTION: open daily from 7 a.m. to 11 p.m.

LATE ENTRANCE: After 11 p.m. in order to enter and exit the Collegio you will need to use the main gate located in piazza Ghislieri 4 (to open the gate, simply swipe your card twice)

YOUR ROOM

- 📍 **You will be given a single room, with en-suite bathroom (depending on availability) and a landline telephone**
- 📍 **One bed linen change is weekly provided by the Collegio**
- 📍 **Cleaning service is twice a week (students must keep their bedroom tidy enough to allow the cleaning staff to operate)**
- 📍 **Wi-fi is accessible throughout the entire building through the EDUROAM Network. If your home institution is not a part of EDUROAM, you will be given a username and password at the reception to access wi-fi**



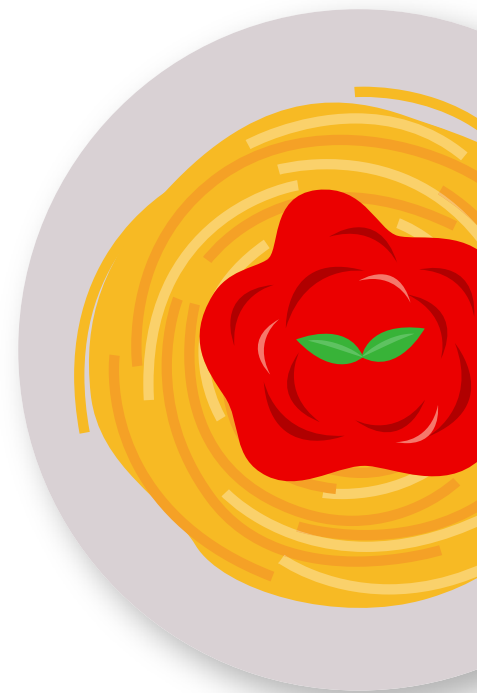
IN-HOUSE SERVICES



- 📍 **DINING HALL (MEAL SERVICES)**
- 📍 **KITCHINETTES**
- 📍 **FREE LAUNDRY:**
washing machines, dryers, irons and ironing boards
- 📍 **STUDENTS LODGE**
with newspapers and magazines, table tennis, football, pool, darts
- 📍 **VIDEO AND COMPUTER ROOMS**
- 📍 **GYM AND SPORT FIELDS**
- 📍 **MUSIC ROOM**
- 📍 **LIBRARY**
- 📍 **MEDICAL AND PSYCHOLOGICAL SUPPORT**

MEALS

- 📍 Service starts on **September 18, 2023 at lunchtime**
- 📍 **DAILY MEALS** (Breakfast, lunch, dinner) are served in the **DINING HALL**
- 📍 Upon accessing the refectory, pass your badge on the reader placed at the entrance; you will receive a ticket, to be handed to staff;
- 📍 **Saturday/Sunday:** you must register on the Collegio TELEGRAM app after lunchtime on Wednesday and before Friday night to reserve meal services on Saturdays and Sundays
- 📍 **KITCHINETTES:** to use one of the available kitchenettes, please register at the reception



MEAL SERVICE TIMETABLE

	BREAKFAST	LUNCH	DINNER
MONDAY	from 7:30 to 9:00	from 12:30 to 13:45	from 19:30 to 20:30
TUESDAY	from 7:30 to 9:00	from 12:30 to 13:45	from 19:30 to 20:30
WEDNESDAY	from 7:30 to 9:00	from 12:30 to 13:45	from 19:30 to 20:30
THURSDAY	from 7:30 to 9:00	from 12:30 to 13:45	from 19:30 to 20:30
FRIDAY	from 7:30 to 9:00	from 12:30 to 13:45	from 19:30 to 20:30
SATURDAY	from 8:00 to 9:30	from 12:30 to 13:15	from 19:30 to 20:00
SUNDAY	from 8:30 to 9:30	from 12:30 to 13:00	from 19:30 to 20:00

LIBRARY



OPENING HOURS

**Monday-Thursday:
9.00-13.00 and 15.00-18.00**

**Friday:
9.00-13.00**

CONTACTS

Tel. 0382.3786205

Email: biblioteca@ghislieri.it

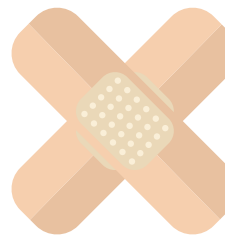


MEDICAL SUPPORT

IN-HOUSE PHYSICIAN

You may contact or visit our in-house physician, **Dr. Francesca Sellaro**:

- Via email at: sellarofrancesca@gmail.com;
- Via telephone between 1.30 and 2.30 p.m. at +39-327-7184256;
- At her office in Bosforo Medio, in the Collegio's infirmary, every Wednesday between 5.30 and 7.30 p.m. Appointments should be made using this link: <https://8475.easybook.cloud/>.



MEDICAL CARE IN ITALY

- Please be aware that our in-house physician does not replace that of your registered primary care physician and that, in case of a medical emergency, you are advised to seek treatment at the nearest Emergency Room (Pronto Soccorso) first.
- To register for medical care in Italy with the SSN, you must enroll at your local ASL: ASST PAVIA



Make sure you bring all your residency or immigration documents, including your Codice Fiscale (tax code). The medical registration process is bureaucratically long and tricky and requires patience. You will to make an appointment with the ASL ahead of time. You should also confirm all necessary documents over the phone or via e-mail before going to your meeting.

Temporary registration has a minimum duration of 3 months and a maximum duration of one year and it is renewable.

Once you have received your health card, you can access all public medical care in Italy and select your GP/family doctor/primary care physician (medico di base).

PSYCHOLOGICAL SUPPORT

Our College offers psychological support through **Jonas – Centro di Clinica Psicoanalitica**.

Should you feel the need to share a temporary discomfort or seek help for a non-episodic mental health issue, the College offers to bear the initial orientation costs, which may range from a single session to a maximum of three sessions, to assess the issue at hand and make a plan for treatment with the professionals at Jonas.

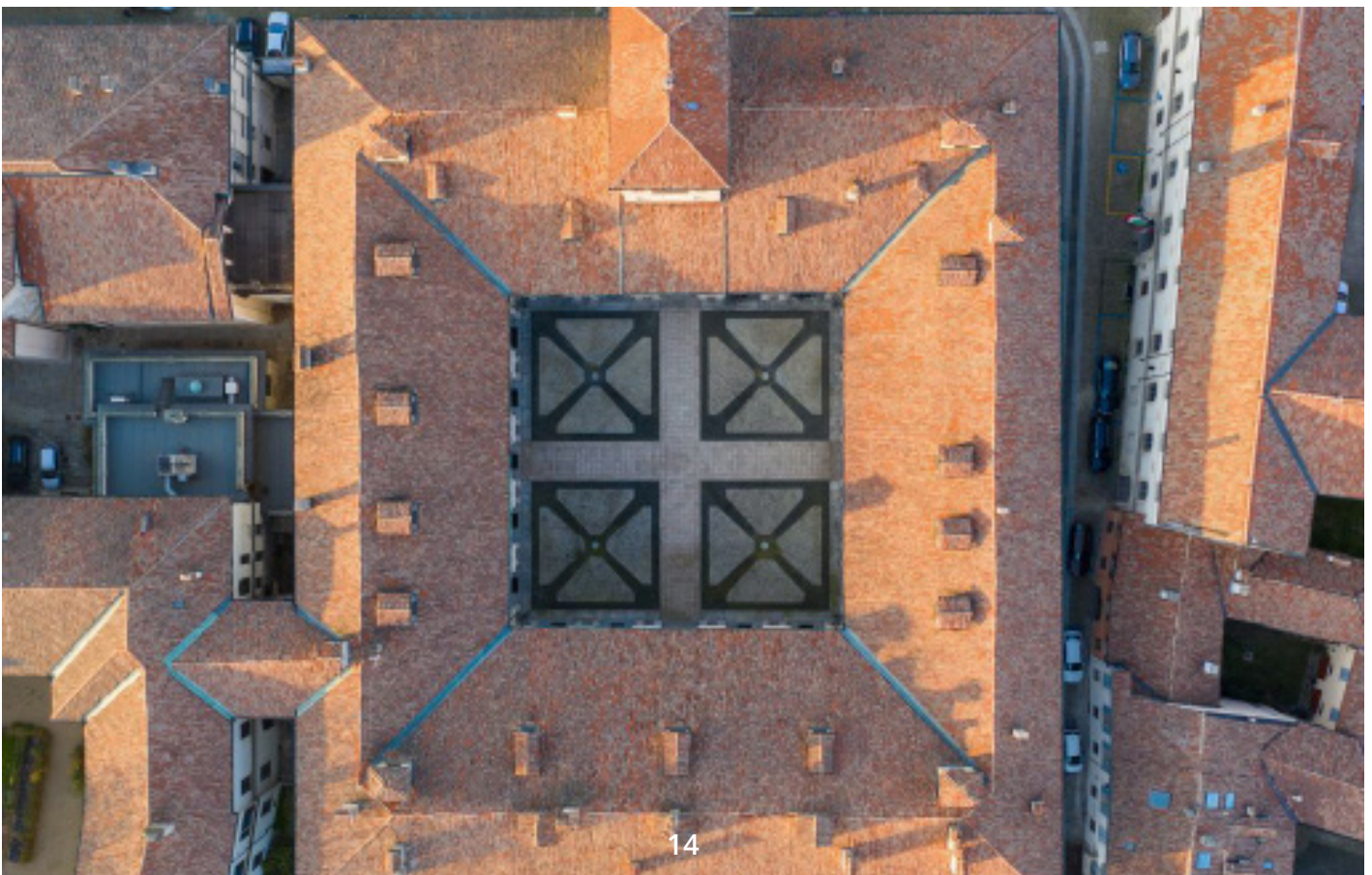


Students may access and book this service independently by referring to the following contacts:

Email: pavia@jonasitalia.it

Landline: +39 0382 1755758

Mobile: +39 329 2156818





MAIN RULES

- Upon your arrival, you will be handed a **key and a card** to enter your bedroom and access some of the services at the Collegio. The key and the card are strictly personal and cannot be borrowed under any circumstance. In case of loss, you will be asked to pay € 50 for a replacement.
- Whenever you leave the Collegio building, you are required to notify it by the led-light switch board at the entrance. If you are not coming back for the night, you are required to sign up the appropriate register at the reception. Should you fall ill, the Collegio provides medical assistance and an in-house doctor.
- **After 11 p.m. you cannot set up or join activities which would disturb the peace and quiet of others.**
- A maximum number of 15 guests is allowed per student per day. You are required to register your guests at the reception. Guests can stay all day long but must leave by 11 p.m.
- You will be required to pay a refundable damage deposit of €200 upon your arrival.
- Any behavior deemed unacceptable or against the rules may lead to suspension or expulsion. Rooms have to be emptied before the summer break, otherwise you will be assessed a €50 fee for the clearing out.
- You must keep your bedroom tidy enough to allow the cleaning staff to clean it.
- To access the gym, you will need a certificate of good health by a licensed medical doctor. The Collegio has an in-house physician, and can otherwise provide a doctor, or a list of doctors, you can contact to obtain a certificate.
- Students are not allowed to play any musical instrument in their rooms. You are however warmly encouraged to make use of our music room to practice.





OPENING AND CLOSING TIMES YEAR 2023-2024

NOTA BENE:
Students will be asked to leave their rooms during
the College's closing times



Official Opening Day
September 18, 2023

Opening meal service
September 18, 2023
at lunchtime

Christmas Holidays
December 22, 2023 - January 7, 2024

Easter Holidays
March 28-April 1st, 2024

Closing Day for the Summer Break
July 26, 2024

Closing and opening times during ITALIAN NATIONAL HOLIDAYS for the year 2023-2024

The following overview contains National and Public Holidays in Italy and Pavia:

November first (All Saints' Day)	National Holiday	WE ARE OPEN
December 8th (Feast of the Immaculate Conception)	National Holiday	WE ARE OPEN
December 9th (Feast of the Patron Saint in Pavia)	Public Holiday in Pavia	WE ARE OPEN
December 25 (Christmas)	National Holiday	WE ARE CLOSED
December 26 (Santo Stefano)	National Holiday	WE ARE CLOSED
January 1st (First day of the year)	National Holiday	WE ARE CLOSED
January 6 (Epifania)	National Holiday	WE ARE CLOSED
March 31 (Easter)	National Holiday	WE ARE CLOSED
April 1st (Easter Monday)	National Holiday	WE ARE CLOSED
April 25th (Liberation Day)	National Holiday	WE ARE OPEN
May 1st (International Workers Day)	National Holiday	WE ARE OPEN
June 2nd (Republic Day)	National Holiday	WE ARE OPEN



STUDYING AT COLLEGIO GHISLIERI

TRAINING PROGRAMMES
Contact: formazione@ghislieri.it

MANDATORY EDUCATIONAL ACTIVITIES AT GHISLIERI

Exchange students at Collegio Ghislieri are required to satisfy the educational activities requirement like regular Ghislieri students. In particular, one-year undergraduate students have to attend at least **70 hrs** of academic activities, while one-semester undergraduate students **35 hrs**. Master students are required to attend **25 hrs**; **13 hrs** if they are staying for one semester.

Students can choose among the following options (they are all free; most of them are in Italian only):

1) lectures, seminars, and mini-courses organized by Collegio Ghislieri throughout the academic year (the detailed calendar will be available at the beginning of each academic year or semester)

2) language courses on English, French, Spanish, and German; **Italian language courses can be arranged upon request**

3) coaching activities:

Some of our trainers may prepare coaching activities based on our students' different needs (for this kind of tailored activities, you are asked to join at least one regular course/project)



BUDDY PROGRAM

Would you like to be paired with one of our students at Collegio Ghislieri?

Then let us know by writing at international.relations@ghislieri.it





WELCOME TO PAVIA!

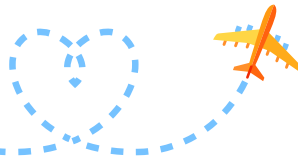
PRACTICALITIES AND EVERY-DAY LIFE

- If you arrive from the USA or Australia or other non-European countries, do not forget to bring with you a copy of your health-insurance.
- In Italy, the **emergency phone number is 112**.
- The weather in Pavia is humid and hot in summer, cold and rainy in winter. Be prepared when you stock your clothes in your suitcases! Reliable weather forecasts are available at this web page: <https://www.3bmeteo.com/meteo/pavia>
- Bring with you one or more adapters for Italian plugs.
- If you arrive from the USA or Australia, be sure that your power transformers can support European voltage. American appliances run on 110 volts, while European appliances are 220 volts. Many power adapters are “dual voltage” but make sure to double check that they include the 220 volts plug.



FINANCIAL ITEMS

- Make sure you always have some cash money on you in case of expected or unexpected payments and fees. It is now illegal in Italy to refuse payment by credit or debit card, whatever the amount, but please be aware that for some payments (e.g. a short taxi ride, a coffee in a bar etc.) vendors might still urge you to pay by cash and ATMS may not be available within reach of cafeterias, restaurants, etc.
- **If you arrive from UK, Switzerland, Australia, or the USA, make sure to change some money with Euros before your arrival: in Pavia there are no exchange offices for tourists.**



HOW TO GET TO PAVIA

To reach Pavia, you have the option to travel either by public transportation or by taxi from the major airports and the train station of Milano Centrale.

BY PUBLIC TRANSPORTATION:

a. FROM MILANO LINATE AIRPORT (LIN)

1a. take an ‘ATM Air bus’ line to Milan Central Station (Milano Centrale), the journey takes about 25 minutes; ticket fare: 5 Eur one way; tickets can be purchased before the departure.

>> Timetable: <http://www.almamatercinensis.eu/wp-content/uploads/2016/07-orariAIRBUSsito.pdf> [from page 2 ‘da Linate a Stazione Centrale’]

2a. Once in Milan Central Station, take a train to Pavia. The train timetable is available on the Trenitalia website; train fare: 4 – 8 Eur one way.

>> Timetable: <http://www.trenitalia.com/tcom-en> [fill the blanket ‘from’ with ‘Milano Centrale’ and the blanket ‘to’ with ‘Pavia’]. Tickets can be purchased online in advance, or once in the station at the ticket counter office or at the vending machines located in several places within the station (see photo).

*When looking for train platform, please remember that Pavia may not be the final destination. The most recurrent final destinations of the trains from Milano Centrale to Pavia are: **Asti, Alessandria, Genova P.P. (Piazza Principe), Genova Brignole, Albenga, Ventimiglia, Savona, La Spezia, Tortona.** When in doubt, ask the train conductor to make sure you are boarding the right train!*



3a. Once in Pavia, Collegio Ghislieri is in piazza Ghislieri, 5 - 27100 Pavia (ca. 20 minutes walking distance from the station).

1b. Walk 8 minutes from Arrivals to M4 Linate Aeroporto Train Station (this specific train station is connected to the airport. Just follow the signs at the airport which direct you to the train station.)

2b. Take M4 Dateo. After 5 stops, exit the train in DATEO Station.

3b. Take Milano Dateo train to Pavia by buying a ticket using the machines available at the station or through TrenItalia application on mobile device.

4b. After 7 stops, arrive in Pavia and walk 20 minutes to piazza Ghislieri, 5 – 27100 Pavia.

b. FROM MILANO MALPENSA AIRPORT (MXP)

1. by train, using the MalpensaExpress shuttle train to Milan Central Station (Milano Centrale).

>> Don't take trains to 'MILANO CADORNA'. Take only trains to 'MILANO CENTRALE'



2. Once in Milan Central Station, take another train to Pavia

>> Timetable: <http://www.trenitalia.com/tcom-en> [fill the blanket 'from' with 'Malpensa Aeroporto' and the blanket 'to' with 'Pavia']. Tickets can be purchased online in advance, or once in the station at the ticket counter office or at the vending machines, located in several places within the station (see photo).

*When looking for the train platform, please remember that Pavia may not be the final destination. The most recurrent final destinations of the trains from Milano Centrale to Pavia are: **Asti, Alessandria, Genova P.P. (Piazza Principe), Genova Brignole, Albenga, Ventimiglia, Savona, La Spezia, Tortona.** When in doubt, ask the train conductor to make sure you are boarding the right train!*

3. Once in Pavia, Collegio Ghislieri is in piazza Ghislieri, 5 - 27100 Pavia (ca 20 minutes walking distance from the station).

c. FROM BERGAMO-ORIO AL SERIO AIRPORT (BGY)

1. take the Air bus Shuttle to Milan Central Station (Milano Centrale), the journey takes about 60 minutes; ticket fare: 5 Eur one way; tickets can be purchased before the departure.

>> Timetable: http://www.orioshuttle.com/pdf/OS_01_ITA.pdf or http://www.ter-ravision.eu/airport_transfer/bus-bergamo-airport-milan/?noredirect=en_US

2. Once in Milan Central Station, take a train to Pavia.
The train timetable is available on the Trenitalia website; train fare: 4 – 8 Eur one way
>> Timetable: <http://www.trenitalia.com/tcom-en> [fill the blanket 'from' with 'Malpensa Aeroporto' and the blanket 'to' with 'Pavia']. Tickets can be purchased online in advance, or once in the station at the ticket counter office or at the vending machines, located in several places within the station (see photo).

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3. Once in Pavia, Collegio Ghislieri is in piazza Ghislieri, 5 - 27100 Pavia (ca 20 minutes walking distance from the station).



LIVING IN PAVIA

Pavia is a quiet and peaceful university town full of students. The city centre is generally safe and you can easily go on foot to reach most of the places downtown. **The shops and boutiques in the central area are open from Monday to Saturday from 9.00 to 12.30 and from 15.00/15.30 to 19.30. The department stores, the book stores and supermarkets are usually open from Monday to Sunday. Small stores are usually closed on Sunday (but in some periods of the year they are open) and/or on Monday morning.**

The major streets of the town, Corso Strada Nuova, Corso Cavour and Corso Garibaldi have many shops, restaurants, bar, and boutiques that meet any kind of taste. Every first Sunday, the town has an antique market that displays beautiful unique antique pieces as well as books, fruits, vegetables, fresh cheese, and music records!



PURCHASING AN ITALIAN SIM CARD

How: Purchasing a SIM in Italy requires to present a valid document of identification, such as a passport or ID and your Italian Tax Code (codice fiscale). **Ho.** is a cellular company that allows you to acquire a SIM cheap very easily. You can easily sign up to pick up the SIM online at any newspaper stand within that day with low monthly rates and good coverage.

<https://www.ho-mobile.it/>

In Italy you can choose among various service providers. You can compare mobile rates on this website:

<https://www.facile.it/telefonia-tariffe-cellulari.html>



GOOD TO KNOW:

Top-Up: Pay as you go up top-ups can be purchased in different places than just SIM shops or websites, such as most tobacconists, many supermarkets, some news agents, some bars and coffeeshops.



CINEMAS IN PAVIA

In Pavia's outskirts there are several multiplex cinemas, quite difficult to reach if not by car (or private Taxi). In Pavia's downtown the little, old-fashioned Cinema Politeama schedules a selection of Italian and international movies.

Address: Corso Camillo Benso Cavour, 20, 27100 Pavia PV
<https://www.politeamapavia.it/index.php/programmazione>

BOOKSTORES IN PAVIA

In Pavia there are many bookstores which sell both Italian and international books. The most popular bookstores are:

1. Libreria CLU San Fermo (copy-print service also available): via S. Fermo, 3/A, 27100 Pavia PV. In this library you can purchase and order academic handbooks and handouts.

Where: <https://goo.gl/maps/gUdjn4VyYFMHrusW8>

When: Monday-Friday: 8 – 19.30 pm; Saturday: 9-12.30/ 15-19.30; Sunday: closed

2. Libreria Feltrinelli: Via XX Settembre, 21, 27100 Pavia PV

3. Nuova Libreria il Delfino: Piazza Cavagneria, 10, 27100 Pavia PV



GOOD TO KNOW:

Libreria CLU is specialized in academic books and handbooks. This is the right the place to buy everything you need for your academic work material.

GROCERY STORES IN PAVIA

In Pavia there are several places to buy your groceries. In this list you find a short selection of supermarkets where you can find food and beverage for a reasonable price. Vegan, vegetarian, gluten-free and organic options are quite easy to find in all these stores, where credit cards are always welcome.



Main options:

Esselunga

Where: Esselunga: via Fabio Filzi, 6, 27100 Pavia (about 20 minutes' walk from Palazzo Vistarino). The most popular grocery-store in Pavia. By activating a discount card (called Fidaty Card), you may obtain special discounts and order your grocery shopping online).

When: Opening times:

Monday-Saturday: 08 a.m – 09 p.m. Sunday: 09 a.m. – 08 p.m.

Google maps: <https://goo.gl/maps/F5hQizoKop12>

Carrefour

Where: Carrefour Market – Supermercato: viale Giacomo Matteotti 53, 27100 Pavia (about 17 minutes' walk from Palazzo Vistarino).

When: Opening times: The only supermarket in Pavia open 24 hrs per day

Google maps: <https://goo.gl/maps/6zEAUcrtk712>

Carrefour Express

Where: Carrefour Express: piazza della Vittoria, 27100 Pavia (about 9 minutes' walk from Palazzo Vistarino). It is a small, underground store in downtown Pavia. Once in Piazza della Vittoria, you will find it just going downstairs from this kiosk:

When: Opening times: Monday-Saturday: 08 a.m. – 08 p.m. Closed on Sunday!

Google maps: <https://goo.gl/maps/DwY4ma9zZmm>

GOOD TO KNOW:

- In Italy supermarket are usually closed after 9 or 10 in the evening.
- In supermarkets, you can easily recharge a mobile-phone.
- When you go to a supermarket, remember to bring coins with you (0.50 €, 1 € or 2€) because you need them to take your shopping trolley (the price depends on the supermarket). You have to insert the coin into the slot next to the handle and then you can get a trolley. At the end, after you've paid, retrieve your coin by returning the trolley to the stands. You don't need to pay any refundable deposit for the shopping baskets. In order to reduce the plastic bag waste, you won't get them for free from the supermarket. You can either bring your own shopping bag or buy the ones sold at the cash counters (they usually cost about € 0,05).

PUBLIC TRANSPORTATION IN PAVIA (BUS LINES)

In this short guide you will discover how to use public transport in Pavia, its rules and its services.

In Pavia, bus service lines 3 and 4 take you from Strada Nuova to all the main destinations in town. Bus service is frequent until 8 pm; later, buses are less frequent.

- **To get information about hours and the service, go to <http://pavia.autoguidovie.it/> or download the application Autoguidovie, where you can also purchase tickets.**
- **Tickets cannot usually be purchased on board.**
- **Tickets need to be validated at the boxes usually placed next to the doors once you step onto the bus.**

GOOD TO KNOW:

Pavia is well connected by train to Milan and several other cities. To check the schedules and to buy a train ticket, go to: <http://www.trenitalia.com/tcom-en>

Do not forget to validate your ticket at one of the blue or green/gray boxes, located at several places within all the stations (you might not find one on the platform, so make sure you validate your ticket before reaching one).



IN CASE OF EMERGENCIES



EMERGENCY NUMBER

In Italy, in case of emergency you must call 112.
They will assist for medical, fire and rescue
and police assistance

HOSPITAL AND FIRST AID FACILITIES

You can go to the First Aid center/E.R. (Pronto Soccorso) at San Matteo Hospital (open 24 hours from Monday to Sunday).

Where: Address: Padiglione 29, Policlinico San Matteo, Vicolo Campeggi, 27100 Pavia PV

Google maps: <https://goo.gl/maps/PtANM58TjwN2>

GPS coordinate: 45.200634, 9.146776

GOOD TO KNOW:

First aid services which are not considered urgent ('Codice bianco' or White code) require a payment of a fee of 25 Euros.





TIPS FOR GOING OUT IN PAVIA!

Strada Nuova, Corso Carlo Alberto and Corso Cavour are full of places where you can have a slice of pizza, a sandwich or an ice-cream. In this short guide, we have selected some of our favourites.

ICE CREAM:

Gelateria da Cesare, Corso Giuseppe Garibaldi, 15, 27100 Pavia PV

Gelateria Cono Verde, Corso Alessandro Manzoni, 49, 27100 Pavia PV

Gelateria La Romana, Corso Camillo Benso Cavour, 57, 27100 Pavia PV

FAST FOOD AND SANDWICHES:

Puro Slow Burger, Corso Carlo Alberto, 18, 27100 Pavia PV

Il Jumbo, Via Lanfranco, 14/12, 27100 Pavia PV

Pane e Salame, Corso Carlo Alberto, 72, 27100 Pavia PV

Alvolo Cibi da Strada, Via Parodi, 3, 27100 Pavia PV

PIZZA:

Pizzeria Marechiaro, Piazza della Vittoria, 9, 27100 Pavia PV

Pizzeria Verdesalvia, Via S. Michele, 4, 27100 Pavia PV

Pizzeria Le Tre Torri, Via Lazzaro Spallanzani, 6, 27100 Pavia PV

RESTAURANTS:

Vita Restaurant & Caffè, Corso Giuseppe Mazzini, 10, 27100 Pavia PV

Biblos Caffè, Via Voltorno, 35, 27100 Pavia PV

El Diablo, Piazzale Ponte Ticino, 6, 27100 Pavia PV



TIPS FROM A STUDENT!

Sports:

Throughout the year, students participate in several sports such as football, volleyball, basketball, and even ping-pong. To be more involved and even make new friends, ask to participate!

GOOD TO KNOW:

In order to participate you are required to have a doctor's note which grants you permission to take part in physical activity.



Last Minute Things:

As soon as you arrive, you'll notice that your room may only have two outlets. Because of this, it is recommended to bring at least one adapter, or extension cord.

If you are a student of maths or sciences, it is likely that your classes are in the Science buildings which are a little over 3 kilometres away from the Collegio. Though you can ride the bus to get to your lessons, it is also recommended that you buy or rent a bike! There are several bike sellers throughout Pavia, but you could also find bikes on Facebook market or through other Erasmus students who are selling their bikes for cheap as they return home.

BE AWARE: As in any other country, workers do go on strike! This includes TRAIN WORKERS so be aware when travelling whether trains will be delayed or cancelled by keeping up with local news and checking your train status.





COLLEGIO GHISLIERI

international.relations@ghislieri.it

