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*Friends of the International Center,  
at UC San Diego*



# *Newsletter*

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Volume XLI, No. 2

October 2013

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## President's Message

Fall is upon us and with the season heralds change, some welcome, and some perhaps less welcome. If you have not visited the International Center recently, you will note that the parking lot now has a metered parking station, similar to those found elsewhere on campus. For our members who volunteer on a regular basis, adjusting to this change has been relatively simple; for others who have experienced challenge, we apologize, but trust that you appreciate that we are subject to the parking policies of the university and have little say.



As is oft said, behind every cloud—in this case, a most unattractive pay station—lies a silver lining: case in point, Dean Kirk Simmons' agreement to absorb the Friends cost of parking (a significant sum of money), recognizing that Friends money is better spent on programs and scholarships. Thank you again **Dean Simmons** for your advocacy, generosity, and support!

The Friends variety of programs and opportunities is not

changing, but is expanding this year with the addition of three new programs, each with a goal of greater inclusion by offering events outside normal work hours.

*Friends Dinner Social* provides an evening opportunity for families from both our local and international communities to meet, network, and share stories over dinner. The format is fluid and can range from a bring-your-own dinner, to a potluck, to a meal prepared jointly by Friends members and our international visitors (as will be the case for our first event on October 5, see p. 3).

*Hospitality at Home* brings together Friends members and international scholars in a more intimate setting: for many this is a valued opportunity to see an "American" home. Each host is free to select the number of desired guests, which can be as few as one and for something as simple as afternoon coffee/tea. If you are interested in hosting, or would like to attend a future event, then please send an e-mail to [icfriends@ucsd.edu](mailto:icfriends@ucsd.edu).

*Sports Night* provides an introduction to American sports for our international community, Friends members, and commu-

nity-at-large. Light refreshments will be offered, but the focus is on education.

Perhaps you think that our regular programs are designed solely for the benefit of our international visitors, but I assure you that our Friends and local community derive as much, if not more, pleasure from our activities.

If you have not yet been persuaded to participate, I share a recent personal experience. After reading a disheartening article about ongoing conflicts between Japan and South Korea, I stumbled upon two women, one Japanese and one Korean, practicing their English skills in the International Center's dining room. I joined them for a few minutes and appreciated their patient support of my poor attempts to repeat in Japanese and Korean the words and phrases they were practicing in English. There was no evidence of the hostility and long-standing grudges the newspaper article reported; instead there was only friendship, graciousness, and cooperation. I left feeling emotionally lifted. *Arigatō* and *gamsahabnida*. Stop by and see if your spirits are not lifted by the beauty of international friendship.

*Katya Newmark*

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## Since We Are Going to Peru ... A High Andean Dinner



A frequent team at our Ethnic Dinners:  
Liz Fong Wills, Alma Coles, and  
Georgina Sham

The most enjoyable part of serving as editor of the *Friends Newsletter* is being in contact with many different people and learning from them. My frequent exchanges with **Liz Fong Wills**, for instance, teach me a great deal about foreign cuisines and about those who advance them.

Liz has chaired the Friends Ethnic Dinner series for decades and does not shy away from tackling complicated tasks. When, in 2011, then President **Joan Adamo** had the brilliant idea to schedule our fall Ethnic Dinner to coincide with UC San Diego's Family Weekend, the number of paid guests swelled to 113, a number that would have deterred most amateur chefs, but not our Liz. By 2012, the number had grown further, requiring chairs and dishes to be borrowed from among Friends board members and the Oceanids Kitchen Exchange to supplement those owned by the International Center. Beyond the indispensable cooks, a crew of 20 servers, many of them international students, was miraculously assembled. Liz and her amazing team prepared a delicious meal for 160 with little hesitation and great aplomb. And, let me quickly add, to well-deserved loud applause!

Liz is an inveterate planner who

does considerable research before putting on one of our fundraising dinners. She reads recipes and meticulously tests these at Chris' and her home, often inviting her husband's graduate students as guinea pigs (her term). She seeks out restaurants that serve the cuisine to be featured, both in our own country and abroad. Consequently, I was not surprised to receive a long note—already in January—outlining her plans for the Friends Ethnic Dinner scheduled for October of this year.

Wrote Liz: "Since we are going to Peru, Bolivia, and Chile on February 20, I thought that we could have a Peruvian meal, and **Alicia Flores-Meneses** has already agreed to help. She is a Peruvian architect who teaches Spanish at the La Jolla Community Center and at Mira Costa College (one of her students is **Lou Adamo**). Alicia was very helpful at our previous Peruvian dinner and is a good cook."



Already by January, Liz had worked out the menu's highlights: "Chicken in a slightly spicy sauce (*aji de gallina*) with rice will follow beef heart *anticuchos* with *papas a la huancaína* (slices of potato with a cheese sauce), and dessert will be flan. I will look for vegetarian dishes on our upcoming trip knowing that young students are more apt to be vegetarians or vegans than us senior citizens."

Going into further detail, Liz

**Tour the  
High Andes**  
**Saturday, October 19**  
**6:30 pm**

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A FUNDRAISER FOR  
SCHOLARSHIPS

**Ethnic Dinner**  
**with illustrated talks by**  
**Prof. Christopher Wills and**  
**Dr. Henri Migala**

continued: "On the previous trip to Peru, I bought the *Larousse de la gastronomie peruana* by **Gastón Acurio**; unfortunately, it has few vegetarian recipes. Gastón Acurio is the hot Peruvian chef with restaurants in San Francisco and several in Lima. He also has a TV show! I expect that we will go to one of his *cevicherías* while we are in Lima for the wedding of the brother of our Peruvian son-in-law. Our daughter's mother-in-law says that she doesn't eat anything green except for avocados—as a medical doctor who specialized in the treatment of leprosy patients, I'm sure that she is aware that vegetables have nutritional value. So, I guess it is a cultural thing."

Wishing to get better acquainted with the Peruvian food scene, I decided to do a quick search on the Internet and learned that "Peruvian chef Gastón Acurio is a rock star. And he's coming to Chicago. Acurio is a national hero in Peru, and a cultural ambassador for the food of his native land. His signature restaurant, Astrid Y Gastón, is on the World's 50 Best Restaurants list. He made a documentary on Peruvian cuisine (from the perspective of its social impact) with his friend, **Ferran Adrià** [*the Spanish celebrity chef best known for his molecular gastronomy*]. His global empire of 32 restaurants is a big part of the reason some

prognosticators think that Peruvian is the food world's next big cuisine."

With Liz' devotion to authenticity, there can be little doubt that our Saturday, October 19 dinner will not only be delicious but will also offer a rewarding cultural experience.

As will the accompanying presentations by Drs. **Christopher Wills** and **Henri Migala**, who will elucidate their photographs of Peru and its neighboring countries Bolivia and Chile from the respective points of view of a biologist and an anthropologist. Over the years, Professor Wills has delighted us with many illuminating talks featuring his breathtaking photographs of remote places related to his fieldwork as an evolutionary biologist; many of these photographs later appeared in *The Darwinian Tourist*, a book about evolution for the general reader, and in his most recent book, *Green Equilibrium: Balancing the Futures of Our Species and Our Planet*.



Vicuña

For this month's event, Chris will share his after-dinner responsibilities with the French-born Director of I-House, Henri Migala.

Dr. Migala is a gifted photographer and medical anthropologist with a masters in public health, a doctorate in higher education,

and considerable experience with humanitarian relief programs across four continents, including South America. Said Dr. Migala: "My very brief presentation will be about a very ancient indigenous group called the Chipaya, who live at 14,000' in the Bolivian Andes. There are only 200 families left, and I lived with them for a year doing my graduate research."

Please join us and enjoy mingling with Friends and distinguished campus guests, with students and their parents visiting UC San Diego for Family Weekend, as well as with scholarship recipients, two of whom will speak briefly about the meaning for them of their Friends Scholarship.

All proceeds from the evening will fund Friends international scholarships. Based on last year's attendance, we are again expecting an overflowing crowd, so be sure to book promptly by using the handy reservation coupon on page 11.

—Ruth Newmark

## American Football 101

On Thursday, October 3, Friends will launch a new evening program with a focus on sports. In her invitation to the event—to be held in the International Center Lounge, starting at 7:30—Chair **Judith Muñoz** wrote our international community: "Learn about the basics of one of America's favorite pastimes—(American) football. Former college and professional players will teach you all you need to know about watching, understanding, and enjoying this sport. You'll learn the rules, the positions, and see some action footage of past games. Refreshments will be provided. No charge, but reservations are required: space is limited to 30 guests."

## Friends Dinner Social

On Saturday, October 5, at 5 p.m., we will hold our first Friends Dinner Social. The family-friendly event will bring together Friends, international visitors, and local community members for an enjoyable evening. An affordable and tasty dinner will be prepared by spouses of our visiting scholars and Friends volunteers. Cost is \$5.00 per person for visiting scholars; \$10 for Friends members; and \$15 for all others. Children 3 years and under eat for free. For menu and other details see: <http://icenter.ucsd.edu/friends>. Reservations are required by Oct. 1. Please reply to **Dagmar Bocakova** ([bocakova@gmail.com](mailto:bocakova@gmail.com)). We apologize for this late notice, and encourage you to watch for news announcing the date of our next Friends Dinner Social, so you don't miss out on the fun.

### October Calendar

Oct. 1, 8, 15, 22, 29: **Knit-Along**, 1:00-3:30

Oct. 2, 16: **Family Orientation**, 9:15

Oct. 2, 9, 16, 23, 30: **Wednesday Morning Coffee**, 10:00-Noon

Oct. 3: **Football 101**, 7:30

Oct. 5: **Friends Dinner Social**, 5:00

Oct. 8: **Board Meeting**, 9:30

Oct. 16: **International Kitchen**, Noon

Oct. 18-20: **UCSD Family Weekend**

Oct. 19: **Ethnic Dinner**, 6:30

Oct. 28: **Programs Abroad EXPO**, 11:00-3:00, Price Center



The Friends Annual Dinner and Scholarship Awards Ceremony begins in the International Center Zonta Lounge



Su-Wen Hsu (recipient of the Diane Lin Memorial Scholarship) with Shao-Chi and Lily Lin, Gail Fliesbach, and Nancy and Bill Homeyer



Leonard Newmark and Cecilia Ubilla (Coordinator of the OASIS Language/Writing Program) reunite after many decades

## 2013 Scholarship Awards Ceremony

—by Ruth Newmark, Scholarship Committee Chair,  
with photos by Stuart Smith, Katya Newmark, and Carol Smith

Unquestionably, our Membership Dinner with its Scholarship Awards Ceremony is the highlight of the Friends year. A scholarship program that started in 1975 with a single scholarship awarded to an international graduate student has mushroomed this academic year to 57 scholarships in a multitude of categories. Such extensive growth could not have happened without the participation of many, and I particularly wish to single out the dedicated volunteers in the **Friends Resale Shop** who help raise much of the money, as well as the enthusiastic volunteers who mount our **Ethnic Dinners** that also raise significant sums. Gratefully, many Friends, and friends of Friends, make generous individual donations, while, in a very special spirit of collaboration, the university contributes considerable matching funds, so that for the academic year 2012-13 Friends were able to award \$75,000 worth of scholarships.

Reporting on their international experiences, students often refer to the importance of their Friends Scholarship. To quote from a recent letter by **Josh Kenchel**:

Hello from Osaka to the Friends!

This year, I was fortunate enough to receive a *Friends of the International Center Scholarship* and an *Ernest Mort Scholarship* for a two-month program in Osaka. I wanted to check in and tell you about my adventures in Japan.

This place is incredible. The people are friendly and respectful. The cities are nice, clean, and safe, and the countryside is beautiful. And the food—don't even get me started. I have fallen in love with this country and its people. The culture is polite and deferential, but it has a fun and flamboyant pop culture side (think J-POP music, manga, and anime). Then there's Japan's long history of spiritualism and feudalism. The tenets of the country's syncretic religions of Shinto and Buddhism are well engrained in even contemporary culture here, as undercurrents if not overt.

My favorite term I've learned since I've been here is *wabi-sabi*, which roughly translated means "imperfect and impermanent." It refers to an aesthetic that is common here, even now (think Zen gardens). It's all so interesting, and the more I learn, the more I want to fully understand.

I want to thank you because you

helped make this program possible for me. Without you, it would have been much more difficult for me to come here and experience all of this. So, *domo arigatou gozaimasu*, thank you so much!

Shortly after taking up her anthropological investigations, **Amy Kennemore** sent this exuberant note: "Hello from Bolivia! I am having a wonderful and productive research trip, and cannot thank the Friends of the International Center enough for the scholarship. I've already found so many great sources and had some incredible interviews, so I'm excited to start writing."

Speaking very much in the vein of others, **Daniella Bardalez Gagliuffi**, a Peruvian doctoral candidate and Graduate Research Assistant in the Center for Astrophysics and Space Science, wrote: "It is an honor to be acknowledged by the Friends of the International Center with this scholarship. It will be really helpful for continuing my research. Thanks for this wonderful opportunity."

Our annual Scholarship Awards Ceremony provides an



Tables are spread out along the entire central patio

ideal opportunity for donor and recipient to meet in person. It was particularly rewarding to find among our guests this year, a recipient of one of the Friends earliest scholarships: **Cecilia Ubilla**. Having been arrested and assaulted during the brutal dictatorship of General **Augusto Pinochet**, Cecilia fled her native Chile in the seventies to find safe haven in the United States. She came to UC San Diego to continue her graduate studies of literature. It was exciting for Cecilia and **Leonard Newmark**, founding chair of the Linguistics Department who had offered her student employment as a Spanish teacher, to reconnect, and touching to see Cecilia in tears as they embraced.

The Scholarship Awards Ceremony received nice coverage in the *La Jolla Light* (June 20, 2013), due in large part to the efforts of **Kristine Kneib**, our new publicity chair, who initiated contact with the newspaper. The reporter began her article in general terms: "The Friends of the International Center at UC San Diego continued their tradition of hospitality and academic support and awarded more than 50 scholarships to International Center students at their annual dinner on May 21," then elaborated with a brief description of the event, the scholarship selection process, and the way our scholarship money is raised. Best of all were the three accompanying photos taken by **Stuart**

**Smith** that really caught readers' attention. The article elicited an enthusiastic response from Kristine: "**Ashley Mackin** did a super job. Yippee! All our work paid off, **Ruth** [*was interviewed and submitted the photographs*]. Looking forward to working on more good PR for FIC. Congratulations to all involved—and especially to Stu Smith for his great photography!"

The Friends scholarship program relies on collaboration between Friends, faculty, staff, and students. I particularly enjoy hearing from our scholarship recipients, but no less from those who provide financial assistance.

Wrote **Ann Klein**, Director of UCSD's Financial Aid Office, in a warm note: "I wanted to thank you and The Friends for the marvelous work you do to support scholarship opportunities for our students. We are all very grateful and look forward to continuing to work together to provide scholarships for students to study abroad." Equally appreciative words came from **Ed Spriggs**, Associate Vice Chancellor Student Affairs: "Thank you for your report on the last year's Friends Scholarship program. The Friends' hard work to raise funds independently for this program and the many other efforts of the Friends in support of the International Center and our international students and scholars, are all great services to the campus and are highly appreciated." Drs. **Jess Mandel** and **Carolyn Kelly** from



Ruth Newmark and Kristine Kneib

the Medical School were so quick to say that they would continue their financial support that I was totally taken aback. More astounding, Dean **Kim Barrett**, on her own, offered to increase the contribution of the Office of Graduate Students, provided we could match her offer. EAP Director **Kim Burton** was no less positive in her remarks: "I am not aware of any reason that we can't provide these matching funds again for this year. So please do count on them."

But there is more to this story. Since Kim Burton also serves on the Friends Scholarship Committee, she is keenly aware, more perhaps than many others, about Friends Scholarship requirements.

From the very inception of our program, Friends have looked upon our scholarships as being merit, rather than need, based. By partnering with the university the need factor has come into the forefront, and by accepting matching funds for *undergraduate* scholarships, the Scholarship Committee has at times found it difficult to select those students it finds especially worthy of our scholarship. Since all undergraduates applying for a Friends Scholarship have a minimum grade point average of 3.3, we are not dealing with academic slouches, but many factors—other than academic accomplishment and financial need—are important to us. We tend to favor students who are able to express in words why they plan to study abroad and how

such a study would further their academic and personal development, and, not surprisingly, we tend to like students who perform volunteer work, have a broad vision of the world, and who, in our eyes, would represent the Friends, UC San Diego, and the United States well.

What is more, it is often the student who does *not* qualify for financial aid, and therefore must rely on ever increasing larger loans, whom the Friends want to support. It was thus with great interest that I read in an article touching on Chancellor **Pradeep Khosla's** vision for UC San Diego (*La Jolla Light*, Sept. 11, 2012): "While there are many opportunities for students from low-income families to receive scholarships and financial assistance through the UC system, state and federal government, Khosla said middle-class students are often left behind."

And now came the wonderful news (*the bright idea* as **Kim Burton** and **Kelly O'Sullivan**, Programs Abroad Office Director, called it). Not only would they match the Friends \$5,000, but they would add an additional \$10,000, based on a one time allotment of revenue sharing funds from UCEAP: "While we have to insure that a large portion of these funds go to EAP students, we do have some flexibility to make awards to OAP and Global Seminar students out of these funds." Although Kim and Kelly were quick to point out that this offer was to be a onetime affair, Friends could not have been more overjoyed and appreciative!

This kind of partnering with the university is rewarding to students and Friends, but seems to be of value to the administration as well. That the university permits us to read applications for our own scholarships is rare indeed, but that it also



PAO scholarship recipients

requests us to read for other international scholarships shows that they trust our judgment. For many years, the Friends Scholarship Committee has read applications and made the selection for several endowed undergraduate scholarships. This year we were also asked to read 75 or so more scholarship applications for undergraduates going on EAP, OAP, and Global Seminars with slightly lower GPA requirements. While it took the Scholarship Committee an extra full day of reading and coming to decisions, we were honored to be asked.

Our sincere thanks to this year's hardworking Friends Scholarship Committee: **Jeri Abernathy, Joan Adamo, Kim Burton, Mildred Cleveland, Alma Coles, Barbara Fitzsimmons, Gail Fliesbach, Jean Fort, Bill and Nancy Homeyer, Marjorie Jackson, Kristine Kneib, Candace Kohl, Sallye Krause, Katya Newmark, Ruth Newmark, Josephine Randel, Renate Schmid-Schoenbein, Carol Smith, John C. Stalker, Eleanor tum Suden**, and to all those who help prepare the application files for us to evaluate.

It was gratifying to learn that **Jim Galvin**, a strong advocate for international education, was recognized by our university as an Exemplary Staff Employee of the Year. Revealed **Erika Johnson** in *This Week@UCSanDiego* (May 16, 2013):

"More than 100 nominations were submitted this year in recognition of UC San Diego staff members



Jim Galvin with Friends Scholarship recipient Rhiannon Schultz who will study primates in Kenya

who embody excellence in job performance and significant contributions to the community. James Galvin, director of Global Seminars and the Opportunities Abroad Program, is among those honored for going above and beyond. He is dedicated to reaching out to underrepresented students and providing enriching opportunities for growth through study abroad."

Lengthy quotes by the honoree expressed his philosophy: "I would like to dispel the myth that study abroad is only for a limited few," said Galvin. "My motivation to serve the campus community comes from the knowledge that education abroad is a life changing experience that influences a student's career choices, lifelong patterns of civic engagement, personal growth, and cultural understanding. I take inspiration from each student success because they have overcome so many barriers to achieve the dream of studying abroad."

"My team and I work to communicate the message that any student who wants to study abroad will receive support, advice, and encouragement to do so. We want to prepare students for the global challenges of the 21st century and build upon UC San Diego's accomplishments as a leading international university."

It is a privilege to work with all those who, like Jim, believe in the importance of an international education.

## Resale Shop Profile: Cynthia Leal

—by Joe Nichols

One of the newer volunteers in the Friends Resale Shop is **Cynthia Leal**. While she is a recent volunteer, she has been a longtime visitor and shopper. As a frequent customer, Cynthia got to know many of the volunteers, and when asked if she, too, would like to volunteer, she literally jumped at the chance. She began in the summer of 2012, shortly before she retired after 38 years as an administrative assistant in the Student Health Services.

Cynthia was recruited by **Eve Davidson** and **Jeri Abernathy** and has been a stalwart in the stockroom getting clothes ready for sale in the Shop. Commented Jeri: "Cynthia is interested in antique clothing and has considerable knowledge about current fashions spreading over several generations. When we worked together in the storeroom, she tended to actually look at each



item and decide whether it was good or bad. I loved having her do that."

Cynthia was born in San Diego, a real native daughter. She is married with two children and proudly shares a birthday with her grandson.

Cynthia relishes the friends she has made at the Resale Shop. I, in turn, feel that she has helped energize us with her humor and good friendship.

## Volunteer Appreciation Certificate



Friends can be proud of the many volunteer hours we contribute to the UCSD campus: in a slow month such as July, this amounted to 532 hours or 3 FTEs; in a busy month such as February, it came to 1,221 volunteer hours or nearly 7 FTEs (the university counts 176 hours as a standard work month for a fulltime employee or FTE).

Friends easily fulfilled the Chancellor's challenge to all UC San Diego students, faculty, staff, alumni, and university friends to perform 50 or more hours of community service during the academic year. In recognition, we received a certificate of appreciation signed by Chancellor **Pradeep Khosla** and **Kim Newin**, Chair of the Volunteer 50 Committee, that states:

This is to certify that  
**Friends of the International Center**  
 Graciously answered the Chancellor's Call to Service  
 and has participated in the Volunteer 50 program  
 during the year August 2012 -2013

## Scholarship Gift

When **Georgia Crowne** was asked when she started to volunteer in the Friends Resale Shop, she replied: "I think it was around 2005, or possibly the year **Joyce Dunn** died; she was the coordinator when I started. I know, because she gave me my key, which I retain as one of my most prized possessions."

In May of this year, Georgia lost her husband, **David K. Crowne**, Professor Emeritus of Literature, who joined the UCSD faculty in 1964 with a Ph.D. from Harvard in Medieval and Comparative Literature. On our campus, David frequently taught classes on English poetry of World War I and served as department chair from 1982-85.

In August, Georgia sent a generous check with this warm note: "I wish to thank you all for your expressions of sympathy and support during the period of grief. David loved to teach and he loved to travel, which he did whenever possible. So what better way to acknowledge his interests than to offer a scholarship in his name for an undergraduate student to study abroad?"

Thank you Georgia for your valued scholarship contribution and for your continued work in the Friends Resale Shop, each of which helps to make our international scholarship program viable.

**Membership:** Friends look forward to working with our newest members: **Michelle Hermas**, Director of International Affairs in the Office of Research Affairs, and **Dagmar Bocakova** and her husband, **Marian Hruska-Plochan**. Please also welcome **Claudia & Carl Lowenstein**; and **Nancy & Tom Delaney**, who joined our organization upon the recommendation of Vice President **Judith Muñoz**, as did **Sue & Terry Freistroffer** (whose names appeared misspelled earlier, for which we apologize).

Welkom, Yookoso, Bienvenido, Fùnyìhng, Vitaj, Aloha!

## Orientation

Because *international scholars* and their families arrive throughout the year, our Family Orientation, too, takes place year round. Every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month, starting at 9:15 a.m., Friends welcome incoming international families by providing helpful information relating to the UCSD campus and the greater San Diego community, including educational opportunities and fun activities for children. At the end of each session, **Nancy Homeyer**, or a member of her team, invites the newcomers to participate in Friends activities, and by 10:30 she introduces anyone interested to our Wednesday Coffee program.

The number of *incoming international students* has increased by leaps and bounds, and more than 2,000 international students were anticipated to be coming to study at UCSD this Fall. Their formal orientation was scheduled this year over a 4-day period in the Price Center, Pepper Canyon Hall, and Recreational Gym, in buildings that can accommodate considerably larger groups than our I-Center. For the same reason, the traditional Fall New International Student and Scholar Welcome Dinner, at which 500 guests were expected, was held in the Price Center Ballroom.

The International Center offers considerable help to incoming international students, researchers, faculty, and their families. By example, Orientation Assistants were available from September 9-20, trained to assist in locating short-term and long-term housing options in the area or providing information on everything from bank accounts to driver's licenses. What's more, the welcome also included an ice cream social hosted in the dining room during each day that orientation took place at the International Center, followed by a Resource Fair on Library Walk.

## Wednesday Morning Coffee



Front row: Jennie Chin (kneeling), Yuki (in stroller) and Keiko Hirai  
 Second row: Mako Katayama, John Helola, Matti and Jussi, Oona Tikkaaja, Mira Vendler  
 Back row: Victoria Fagman, Eunice Lee, Anna Woo, Mariko Usai, Eriko Saragai,  
 Yumiko Dejima, Dagmar Bocakova, Audrey Leriche  
 (Yuka Yamaguchi was the photographer)

Our Wednesday Coffee program, including its offshoot Tuesday Knit-Along (see photo above), has been running smoothly all during the summer and into the fall. *Mommy/Daddy & Me* classes resumed on September 25. We welcomed back **Keiko Hirai**, who brought her newborn daughter, **Yuki**, who slept peacefully in her stroller and was declared "adorable" by all.

But the summer also brought a fair number of farewells. On August 20, we said goodbye to **Mako Katayama**, who left to return home to Japan; and to visual artist and visiting Fulbright scholar **Oona Tikkaaja**, her husband **John Helola**, and their two sons, **Mattias** and **Jussi**, who returned to their home in Finland, but not before taking a 2-week road trip to New York. Commented the Knit-Along program chair, **Jennie Chin**: "We are all so lucky that we get to be in such a wonderful environment and get to meet such lovely people, and make ever so many new friendships. The hard part is saying good-bye!"

**Georgina Sham** has scheduled the following special activities for this month's Wednesday Coffee:

- Oct 2: Make **Flower Arrangements** to tie in with **Friends Dinner Social** on October 5 (see p. 3); time permitting, our craft chair, **Dagmar Bocakova**, will also demonstrate some fancy napkin folding techniques.
- Oct 9: **Sew Toy Animals** to be given as Christmas presents at the Wednesday Coffee annual holiday party.
- Oct 16: **International Kitchen: English Tea**; cost \$5 per person.
- Oct 23: **Fimo Projects**.
- Oct 30: **Halloween Trick or Treating** for kids and **Pumpkin Carving** for adults.

Happy Halloween!

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# SCHOLARSHIP LETTERS

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## Two Months in India

The depth and breadth of experiences I had during my two months in India were incomparable. I spent one of the months at Christian Medical College in Tamil Nadu, where I was given the unique opportunity to spend each week exploring different areas of the health care system. I spent the first week riding around in the back of an old van/mobile clinic through the narrow, dusty, and very bumpy roads, learning the ins and outs of rural medicine. We brought basic primary care medications and palpated the pregnant bellies of 100s of patients who would otherwise never have access to any kind of medical care at all. The nurses were so caring and knew the names of each one of these patients by heart, and we spent as long as was needed to see each and every patient who had waited hours in the heat to be seen. I also spent a few days at the leprosy hospital, a heart-wrenching but truly inspiring experience.

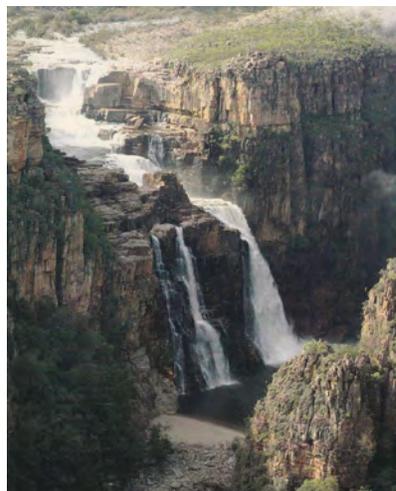
As my plan was to go into residency for psychiatry, I also spent a few weeks at the hospital's mental health center, which was completely unlike any inpatient setting I had ever seen before. The patients (and often multiple members of their family) would spend many weeks to months at the center, stabilizing and also learning how to deal with the many challenging facets of their mental illness they'd be faced with in the future. The stigma attached to mental illness is heavy in India, and the families placed a lot of shame and blame on themselves and the patient, which the doctors worked hard to help alleviate. During my weeks in child psychiatry I got to spend the afternoons learning how to play cricket and local board games with the children, which was an absolute blast.

While at the hospital, I met international medical students from all over the world and we spent the weekends

exploring the fascinating nooks and crannies of India, from canoeing in the backwaters of Kerala to attending a massive elephant festival with thousands of other people from all over Southern India. I learned a tremendous amount from the generous and welcoming mindsets of so many of the locals, many of whom were so quick to share their lives and meals with us as we traveled, be it on a train or in their homes.

I will carry many of the images and lessons with me as I go on to enter residency in psychiatry at UC San Francisco, and hope to spread the warmth and caring they shared with me to all of my future patients.

Thank you for helping me make this wonderful opportunity come true!  
*Jennifer Hagstrom*



Twin Falls in Kakadu National Park

Dear Friends,  
Australia has been one unforgettable experience after another. I have been in Darwin for just over a week and have already gone swimming at the top of a waterfall, seen crocodiles up close and jumping for a hunk of meat on the side of a boat, and gone on a night hike under a beautiful starry sky led by an aboriginal.

I have learned so much about Australian history, culture, and its wildlife. I am very grateful for this opportunity and am looking forward to the remaining four weeks.

Thank you for helping this become a reality!  
*Lindsay DeRight Goldasich*



Sascha Duttke with Ruth Newmark

Dear Friends,

I am writing to express my sincere gratitude to you for being chosen for the **Ruth Newmark Scholarship**. I was thrilled to learn of my selection for this honor, and am deeply appreciative of the Friends of the International Center's support. I feel privileged to have been chosen from a large number of outstanding applicants, and promise to keep on working hard towards furthering friendship, understanding, and cooperation among diverse countries, at UCSD and elsewhere.

By choosing me for this award, you have helped lighten my financial burden, allowing me to focus more on Graduate school. Nevertheless, I also want to underline another important aspect of the awards, such as yours: *community work*, even at UCSD, is something that often takes place outside of institutional responsibilities. For example, when facilitating and organizing the BILD 95 classes in 2012 and 2013 (Intergroup Dialogue: Skills for building effective multicultural research teams), there was no financial support available. Despite

the fact that students are required to take such type of classes, financial cuts have forced the elimination of the appointments that once trained and supported facilitators in 2011. Receiving this award confirms that it was the right choice to continue this course and repays my personal investment manifold.

Your generosity has further inspired me to continue helping others and giving back to the community.

*Sascha Duttke*

Kadonga Laboratory,  
Division of Biological Sciences  
Ph.D. candidate, Germany

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Dear Friends,

Because of the Friends of the International Center Scholarship, I was able to attend a five-week Global Seminar in Cádiz, [southern] Spain for my linguistics major. Since I work fulltime while taking a complete course load throughout the year, this has been a very welcome break. During my time in Spain I have had many great experiences and have become close to the students I journeyed with, forming friendships that will continue when I return.

I did experience a degree of culture shock in respect to the Spanish siesta, when businesses close from approximately 2-6 p.m. My roommate and I used the time to take up kayaking at Caleta beach, a nearby local spot.

One of the most amazing places I visited was the Catedral de Santa Cruz in Cádiz—more than a century old, built in Baroque style architecture. The grandeur of the cathedral's exterior was matched by its interior, containing an ornate crypt below the cathedral's intricate vaulted ceilings. In the city of Jerez, my group traveled through Gypsy neighborhoods and learned about Gypsy culture, which often is not evenly represented historically in the wider scope of Spanish culture. On one of our open weekends I chose to go to Barcelona, in part because I follow soccer and the city has the best

team in Spain, which may be debatable depending on whether you are a Real Madrid fan or not. Barcelona has a variety of sights to see: La Sagrada Família Basilica, La Rambla Street, and the Tibidabo mountain.

The dialectology class has helped me understand the differences between the Spanish spoken in Mexico and the various types spoken in Spain, in addition to improving my own spoken Spanish. I also learned about flamenco, which consists of singing, dancing, and guitar playing, in a complex hierarchical relationship at the heart of Spanish culture. I was able to attend a variety of flamenco performances ranging from private concerts to a rehearsed flamenco performance in the city of Granada set inside a mountain cave.

Professor **John Moore** is highly knowledgeable, not only about his field



of linguistics, but he is familiar with Spanish culture and the country's day-to-day life. I plan to take a research class during the 2013-14 academic year assisting Professor Moore.

With my return to UCSD, I come back with more knowledge of the world I live in as well as with a renewed excitement for my double major in linguistics and communications. It is with my most sincere gratitude that I thank you for contributing to my development and education.

*Megan R. Meyer*

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## Programs Abroad EXPO

—by *Jay Minert*, Director of Outreach & Academic Integration

Don't miss the Programs Abroad EXPO on Monday, October 28, 2013. Representatives from more than 70 international study programs will meet with students, faculty, and community members October 28th, when the International Center at UC San Diego presents *Programs Abroad Expo 2013*.

In its 28<sup>th</sup> year, the annual study, intern, volunteer, internship, and work abroad fair will be held from 11 a.m. to 3 p.m. in Price Center Ballroom West. The purpose of Expo is to increase awareness of international opportunities in general, as well as to provide students and community members with specific information about the many overseas study, volunteer, work, and internship programs available.

UC San Diego's *Expo* is one of many study-abroad fairs being held this fall on campuses throughout California. Over 1,000 are expected to attend the International Center's event.

Exhibitors represent a wide range of study-abroad opportunities sponsored by United States and foreign universities. These include, among others, Arcadia University, the American Institute for Foreign Study (AIFS), the Centers for Academic Programs Abroad (CAPA), the Danish Institute for Study Abroad (DIS), International Studies Abroad (ISA), GlobalLinks Abroad, and the UC Education Abroad Program (EAP). Intensive language and special internship programs will be represented, along with opportunities for paid and volunteer overseas work.

Participation in *Programs Abroad Expo 2013* is free and open to the public. For further information, call *Expo* Coordinator **Sheri Liebovich** at (858) 534-1123.

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**SCHOLARSHIP BENEFIT: HIGH ANDEAN DINNER**  
**Saturday, October 19, 2013, 6:30 PM**

Please complete this form and enclose a check, made payable to the Friends of the International Center. Send to Ethnic Dinner Chair, Friends of the International Center, UCSD International Center 0018, 9500 Gilman Drive, La Jolla, CA 92093-0018.

Reservations must be received by Friday, October 11, and will be accepted in the order in which they are received.

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(If you spell out the names of everyone in your party, all will receive nametags at the door.)

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Number of Friends (@ \$35.00): \_\_\_\_\_

Vegetarian meal requested: \_\_\_\_\_ (quantity)

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Editor: **Ruth Newmark** ([rnewmark@san.rr.com](mailto:rnewmark@san.rr.com))

Contributors: **Joan Adamo, Barbara Baehr, Alice Blake-Stalker, Jennie Chin, Karen Davis, Nori Faer, Barbara Fitzsimmons, Nancy Homeyer, Judith Muñoz, Katya Newmark, Joe Nichols, Renate Schmid-Schoenbein, Georgina Sham, Carol Smith, Eleanor tum Suden, Liz Fong Wills**

Contributing Photographers: **Jennie Chin, Kristine Kneib, Katya Newmark, Carol Smith, Stuart Smith, Christopher Wills**

Circulation: **Renate Schmid-Schoenbein, Jeri Abernathy**

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*October 2013*

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